

# A Patient Guide to Sensitive Health Exams

Your provider will-

- explain what the exam consists of,
- ask questions regarding your general, mental, and sexual health,
- provide educational information,
- and answer any questions you may have.

You are in charge during the examination, and you have the right to stop the exam at any time, as well as the right to opt-out of having a chaperone\*.

## Sensitive Examinations at the Student Health Center:

For general screening or if you have breast symptoms such as pain, rashes, or lumps. This exam may include a **visual** and **manual** assessment.

Exams can include **visual inspection** and **speculum exam** to collect cells for a pap test (beginning at age 21) and to test for STIs or yeast infection. A **bimanual exam** may also be performed to assess the uterus and ovaries.

Urological exams may be performed to check for hernia and assess genital pain, swelling, discharge, sores, or other unusual symptoms.

Exams are performed to diagnose symptoms of the abdomen and pelvis such as abdominal pain, blood in the stool, hemorrhoids, and sores or lesions.